

**FOCUS: SOCIAL AND EMOTIONAL LEARNING (SEL) FOR
ENGLISH LEARNER AND IMMIGRANT STUDENTS****RESOURCES AND RESEARCH**

CEEL has curated several resources to support English Learner and Immigrant students' social and emotional health during these challenging times. These resources align with the Collaborative for Academic, Social, and Emotional Learning's (CASEL) framework that promotes skills to help students cope with their emotions during stressful situations and focuses on behaviors to enhance students' capacity to deal effectively with daily tasks and challenges.

Website: CASEL

Link: <https://casel.org/covid-resources/>

Summary: The Collaborative for Academic, Social, and Emotional Learning (CASEL) is a trusted source for knowledge about high quality, evidence-based social and emotional learning (SEL). CASEL supports educators and policy leaders and enhances the experiences and outcomes for all PreK-12 students.

Website: The National Child Traumatic Stress Network

Link: <http://www.nctsn.org/products/children-war-video-educators-2005>

Summary: The website provides a video for educators on raising the standards of care for traumatized children. A resource available through this website if the NCTSN Learning Center which offers free online access to over 200 webinars.

Website: Local Public Health Institute of Massachusetts

Link: <http://sites.bu.edu/masslocalinstitute/2011/10/19/dealing-with-stress-in-disasters/>

Summary: This site offers training materials, webinars, and resources that assist in the development of emergency preparedness and other competencies including: coping with stressful situations, building psychological resilience, and mitigating the emotional toll that emergencies and disasters take. This website also provides the definition of resilience, quizzes, resources, coping strategies, and activities.

Website: Center for Human Rights Legal Action (CHRLA)

Link: https://www.chirla.org/avada_portfolio/community-education/

Summary: This website provides Spanish and English language Covid-19 resources for the undocumented community and service providers.

Website: Young Minds UK

Link: <https://youngminds.org.uk>
<https://youngminds.org.uk/blog/tips-for-coping-with-ocd-during-the-coronavirus-pandemic/>

Summary: Resources and materials for teachers and school staff to build their skills and make mental health and wellbeing a core, rewarding part of their job. This website also provides Corona Virus advice and mental health support, advice blogs, coping tips, and resources for teachers.

Website: Reach Out

Link: <https://au.reachout.com>

Summary: Reach Out is Australia's leading online mental health organization for young people and their parents. Their website provides support tools and tips to help young people get through everyday issues and tough times.

Website: Positive Psychology

Links: <https://positivepsychology.com>
<https://positivepsychology.com/art-therapy/>
<https://positivepsychology.com/self-efficacy-theory/>

Summary: Positive Education is science based online resource packed full of courses, techniques, tools, and tips to help you put positive psychology into practice every day. Resources include communication games and activities for kids, teens, and students. This site also contains activities for using positive reinforcement in the classroom, 15 art therapy activities for children and adults, and self efficacy theory.

Website: Edmentum

Link: <https://blog.edmentum.com/trauma-informed-teaching-practices-educators->

Summary: The Edmentum website provides resources on how to identify students affected by trauma and tips and resources to support students.

Website: Teaching Tolerance

Link: <https://www.tolerance.org/moment/supporting-students-immigrant-families>
<https://www.tolerance.org>

Summary: Teaching Tolerance provides best practices for serving English language learners and their families. This website also includes resources to support immigrant students and their families. The site also contains resources, activities, and strategies on how to respond to Corona Virus-based racism and xenophobia.

Website: We are Teachers

Link: <https://www.weareteachers.com/kids-mental-health-covid-19/>

Summary: This site provides materials on how to support children's mental health during the COVID-19 Pandemic and provides tips and resources.